

Australian Childhood Foundation childhood.org.au illustrated by Jess Racklyeft

Blankie wraps me up safe and sound.



Blankie sways with me at night to the hum of soft songs.





Blankie watches T.V. with us.

Blankie snuggles with me as I fall back asleep.

Blankie helps me get up in the morning.

Blankie comes with me most places we go.



Blankie likes to play with me and my toys.





Blankie helps me feel safe when I'm scared or unsure.

Blankie feels like love and smells like home.

I will always love blankie because blankie is full of memories of us.



Notes for Parents and Carers

Often what makes objects precious is the people who gave them to us and the care they showed using the objects.

Parents and carers over thousands of years have offered care and comfort to children with blankets that become special through the way they use them to wrap, soothe, and tend to children; especially at vulnerable times like bedtime or when children are feeling unwell. These moments of care and comfort collect in the blanket and that is what makes them precious to people.

Did you have a special blankie or object when you were little?

If you did what moments of care or comfort do you imagine are a part of your special object?

Does your child have a special blankie or object? What do you think makes that object special to them?