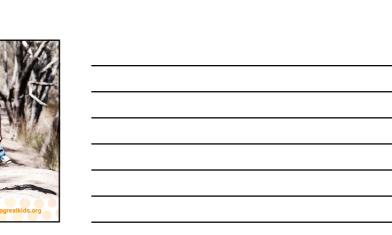


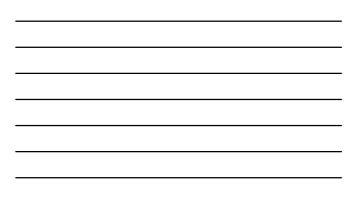
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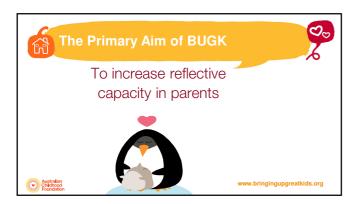








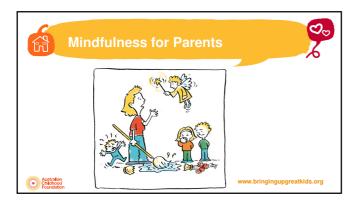


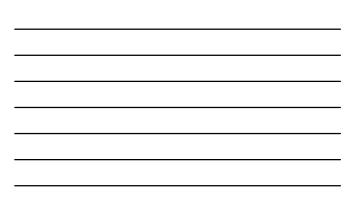


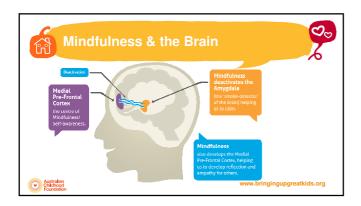




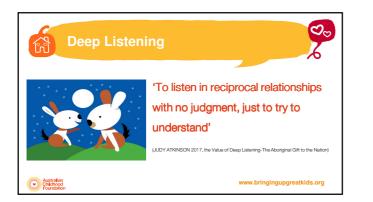














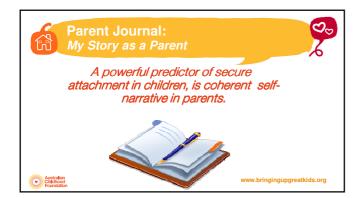
Storytime

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The reading of children's stories to parents, reengages parents with their childhood experiences of having stories read or told to them and the inherent "messages" within them.

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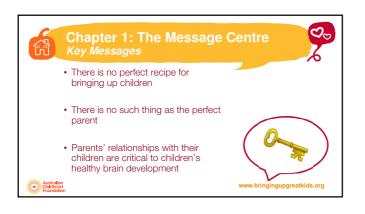
Chapter 1

Australian Childhood Foundation

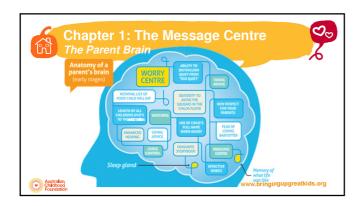
The Message Centre

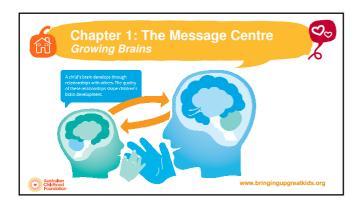


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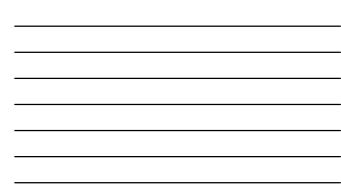


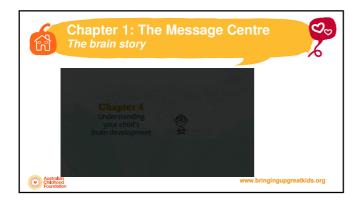




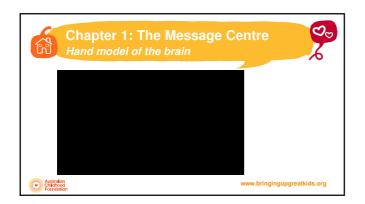


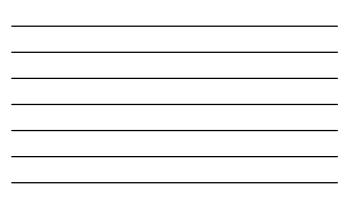


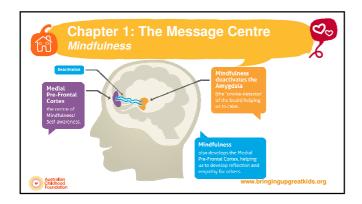


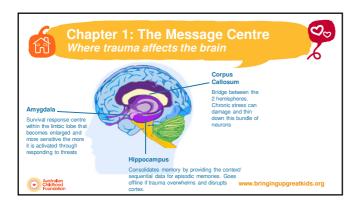


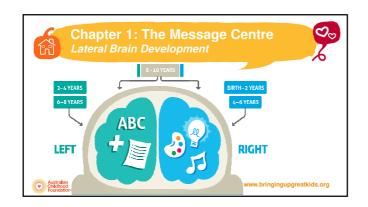


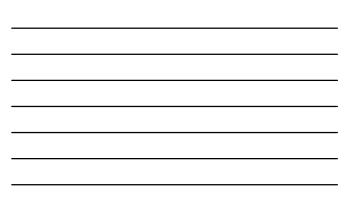


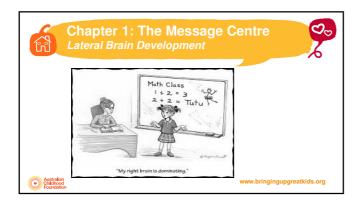


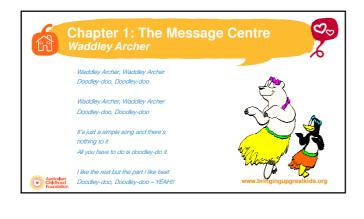






















Chapter 2: Messages from the Past

What are some of the messages - both spoken and implied, that you received from your parents?



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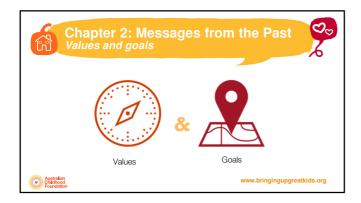
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 the messages they would like to pass of to their children

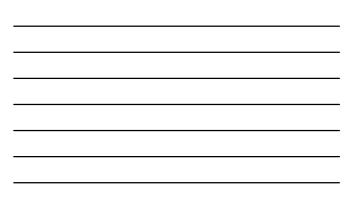
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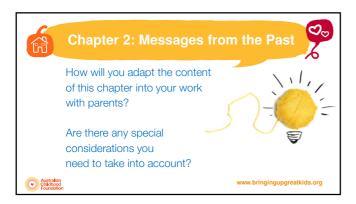












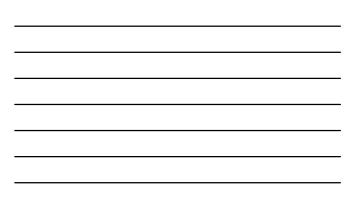








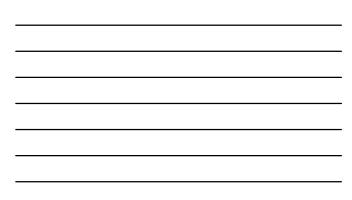


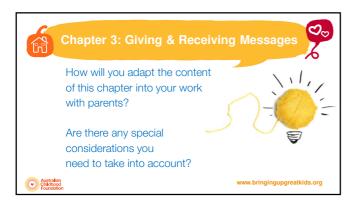
















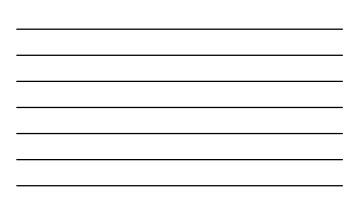
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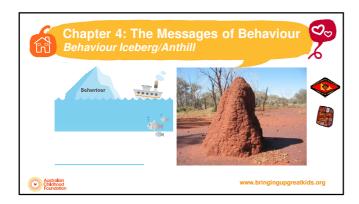


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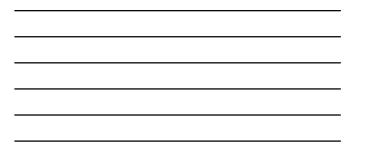


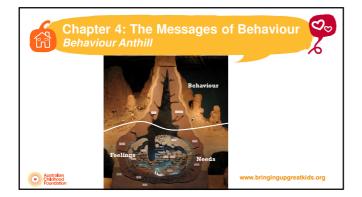




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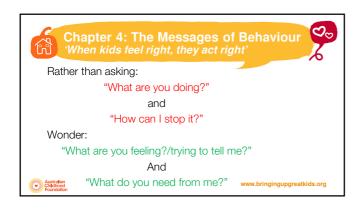


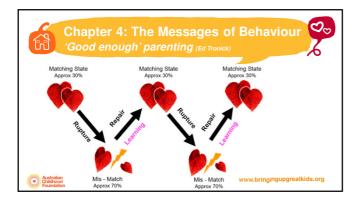


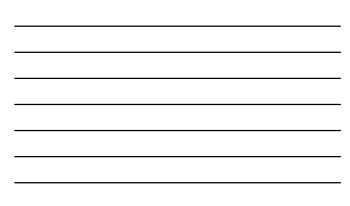




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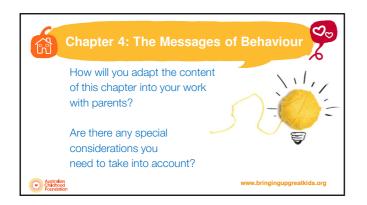












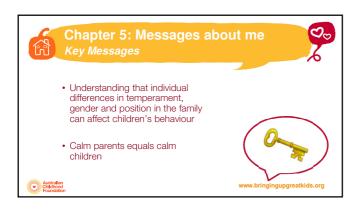
Chapter 5

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Messages about me



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Chapter 5: Messages about me Facilitator Reflection

Think about yourself as a child.

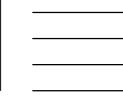
What is your position in the family?

What did you like or dislike about

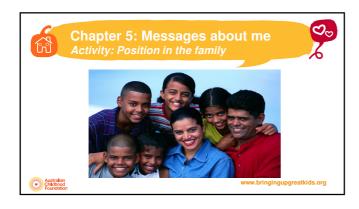
your position?

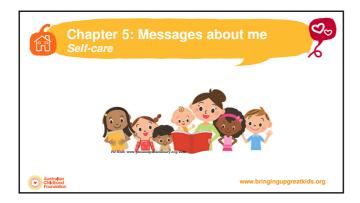
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Chapter 6

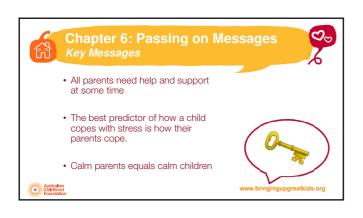
Passing on Messages



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Chapter 6: Passing on Messages

Reflect on your own reactions to stress and how do you respond?

Do you ever hear yourself saying things that

your mother or father said to you in

exasperation/anger?

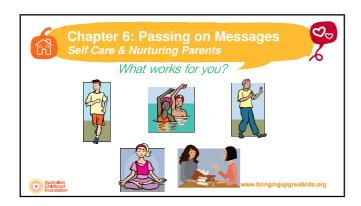
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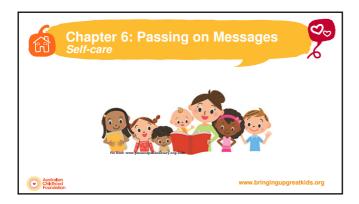


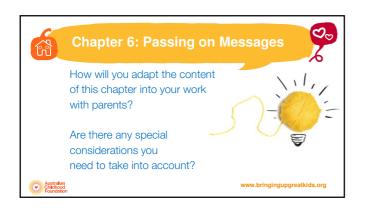














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