Our top

messages about neurobiology and trauma

- 1. The brain develops best in connection with other brains- relationship is key when working with children and young people.
- 2. The brain is always capable of changethe growing body of knowledge around neuroplasticity says there is always hope of change, if we provide the right stimulus and experiences

3. The brain learns through repetitionalways repeat experiences to elicit change.

4. provide the right stimulus and experiences. 6. 5.	

