Unpacking and responding to behaviour

What can I see, hear and sense? (Describe observed behaviour)	What lies beneath the child's behavior?					What does the child need?	What do I need to be able to respond to the child? What can I do to ready myself to respond?	What can I do to meet the child's needs?
	Body responses	Trauma experiences	Feelings	Thoughts	Beliefs about: • Self • Relationships • World			