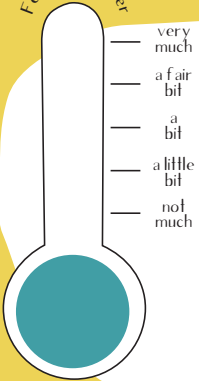
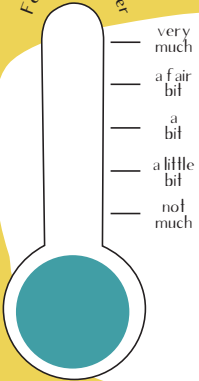


Three of my main feelings when I first started coming here....

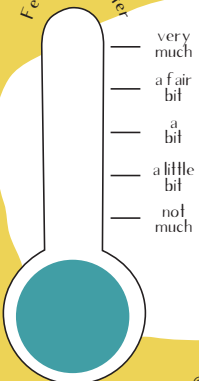
Feelings 'o' meter



Feelings 'o' meter

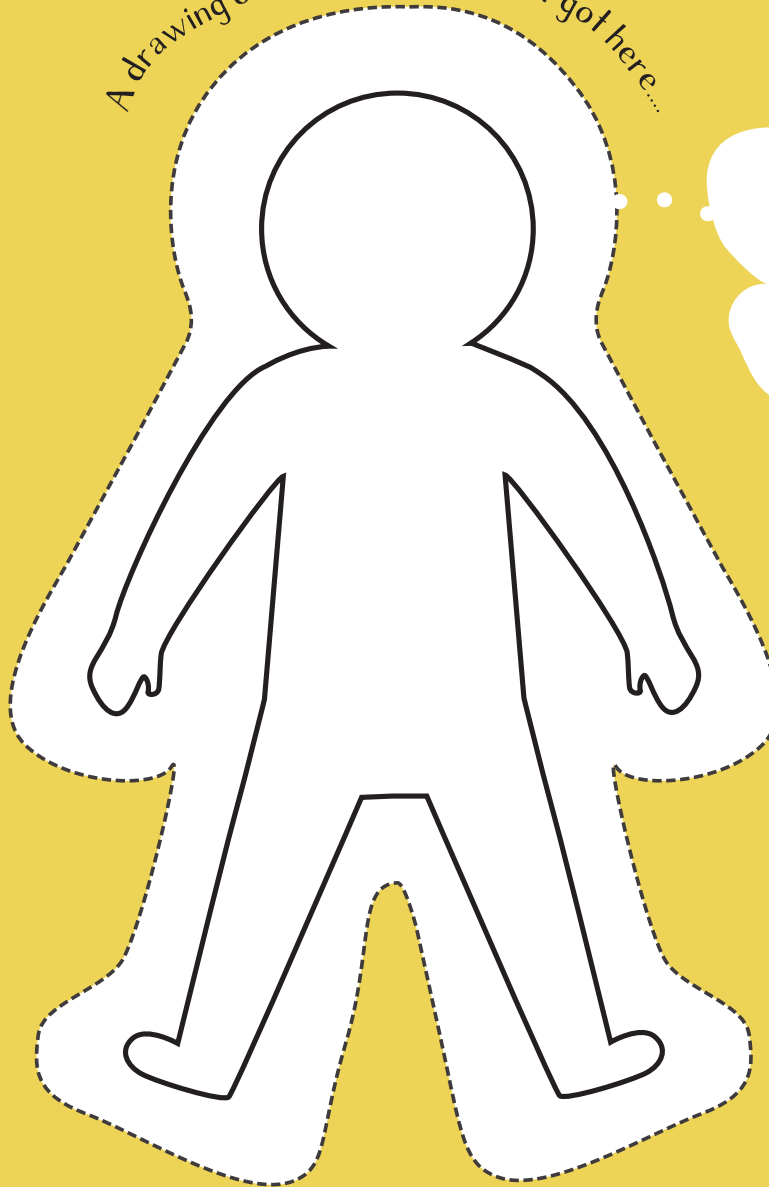


Feelings 'o' meter



WHEN I FIRST STARTED COMING HERE...

A drawing of myself when I first got here...



Some of the things I knew about myself when I first started coming here...



If my heart could have talked when I first started coming here it would have said...

Three of my main feelings when I come here now...

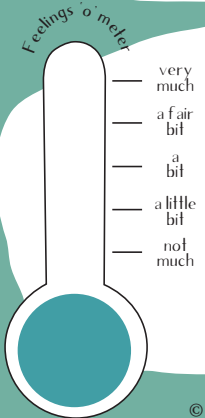
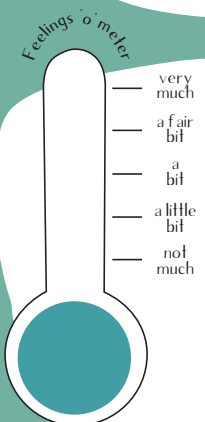
NOW WHEN I COME HERE...

Some of the things I know about myself now are...

A drawing of myself when I come here now...

If my heart could talk now it would say...

Why do I think my main feelings might have changed or stayed the same since I first started coming here?



In one year three of my main feelings might be...

LATER (IN ONE YEAR) ...

A drawing of myself in one year from now..

Some of the things I expect to know about myself in one year are...

If my heart could talk in one year from now it might say...

Why do I think my main feelings might have changed or stayed the same since a year ago?

