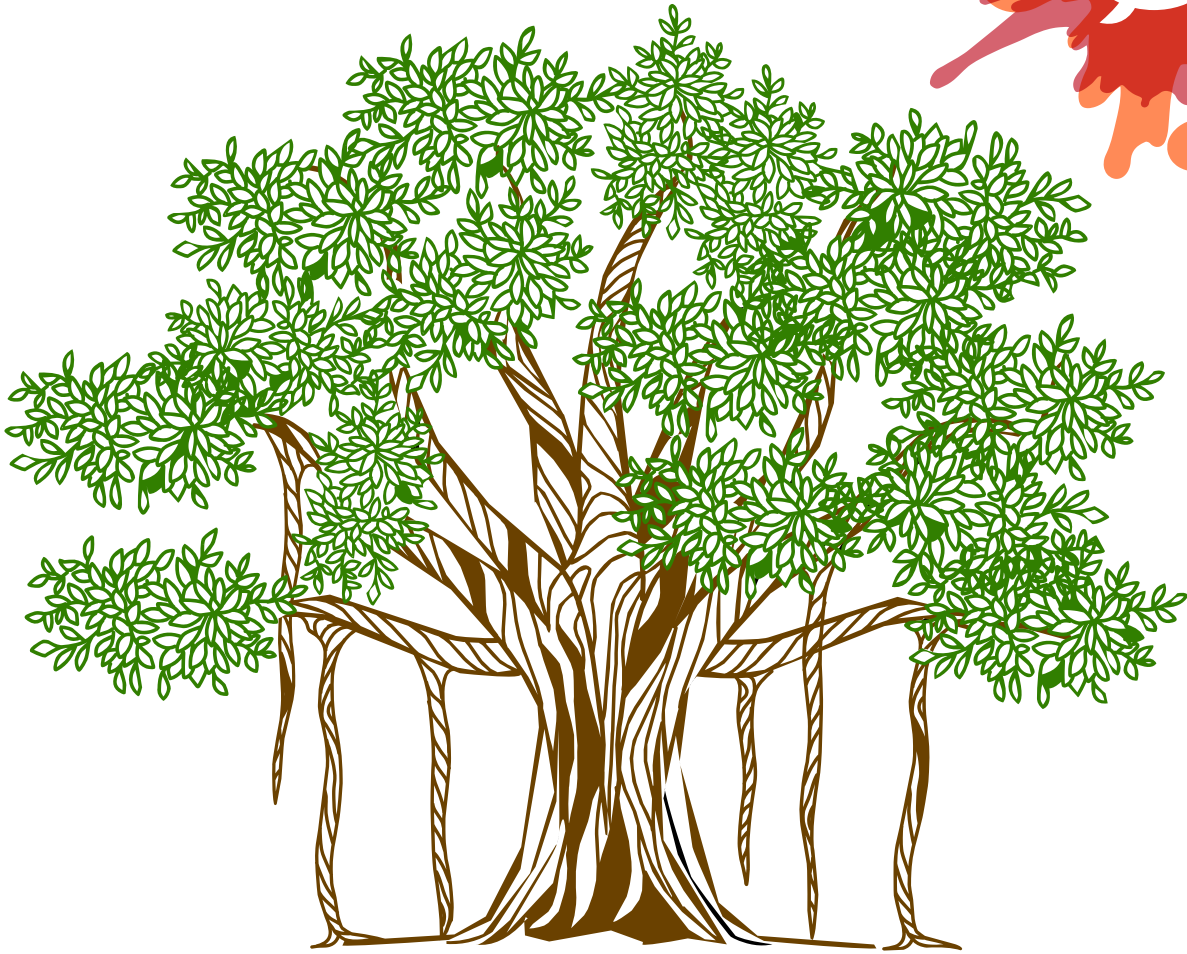


Bringing Up Great Kids

Parenting Adolescents

Chapter 6 Handouts

The Banyan Tree



1. How can parents balance between staying connected and allowing space for exploration?

2. How can adolescents maintain their connection with the family?

3. In what ways does the family 'feed' the adolescent?





4. What does the adolescent bring to the family?

5. How does being "rooted" look like in real family life?

6. How does having your own roots in new grounds look like in real family life?

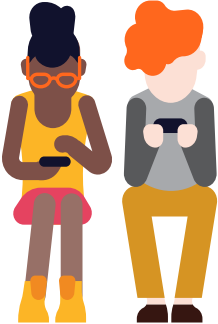



Four Adolescents



The Adolescent	What we see	Adolescent face	Parent face	How do you feel about this?	How does it look?	How does it look from a consultant perspective?
The couch adolescent						
The certain adolescent						

Four Adolescents



The Adolescent	What we see	Adolescent face	Parent face	How do you feel about this?	How does it look?	How does it look from a consultant perspective?
The web surfer adolescent						
The achiever adolescent						

Reflections on Culture



Name three values you have learnt from your family.

1

2

3

Then ask yourself

- Do you still hold these values today?
- How might they have influenced the way you/ your grandparents/ parents raised their children?
- Are they something you intend to pass on to your own children?

Name three customs that you and your family have around events such as birthdays, Christmas, weddings or funerals.

1

2

3

Then ask yourself

- Are they different from what other people do at these times?
Think about your friends, people you work with, or people from a different culture.
- How are they different?
- Where do these customs come from for your family?

Reflections on Culture



Draw a visual representation of your own culture

Try to include some aspects of:

- your beliefs, values and philosophies and ambitions
- your symbols, languages
- your customs, traditions, dress, food, home, lifestyle, behaviours, health practices

Share your drawing with another participant from a different culture (is possible).
Talk about how different or similar your culture is from that of the other person.

