

**[child’s name] ESCALATION CYCLE**

**(enter date)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **CALM:**  **Engaged, connected** | **TRIGGER:**  **Threat** | **ESCALATION:**  **Recoverable** | **CRISIS:**  **Disconnection** | **DE-ESCALATION:**  **Reconnect, repair** |
| **[Child] presents as:**      **Adults to:** | **[Child] presents as:**  **Adults to:** | **[Child] presents as:**  **Adults to:** | **[Child] presents as:**      **Adults to:** | **[Child] presents as:**  **Adults to:** |