

**[child’s name] ESCALATION CYCLE**

**(enter date)**

|  |  |  |  |  |
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| **CALM:** **Engaged, connected** | **TRIGGER:** **Threat** | **ESCALATION:** **Recoverable** | **CRISIS:** **Disconnection** | **DE-ESCALATION:** **Reconnect, repair** |
| **[Child] presents as:***

**Adults to:** | **[Child] presents as:****Adults to:** | **[Child] presents as:****Adults to:**  | **[Child] presents as:***

**Adults to:** | **[Child] presents as:****Adults to:** |