

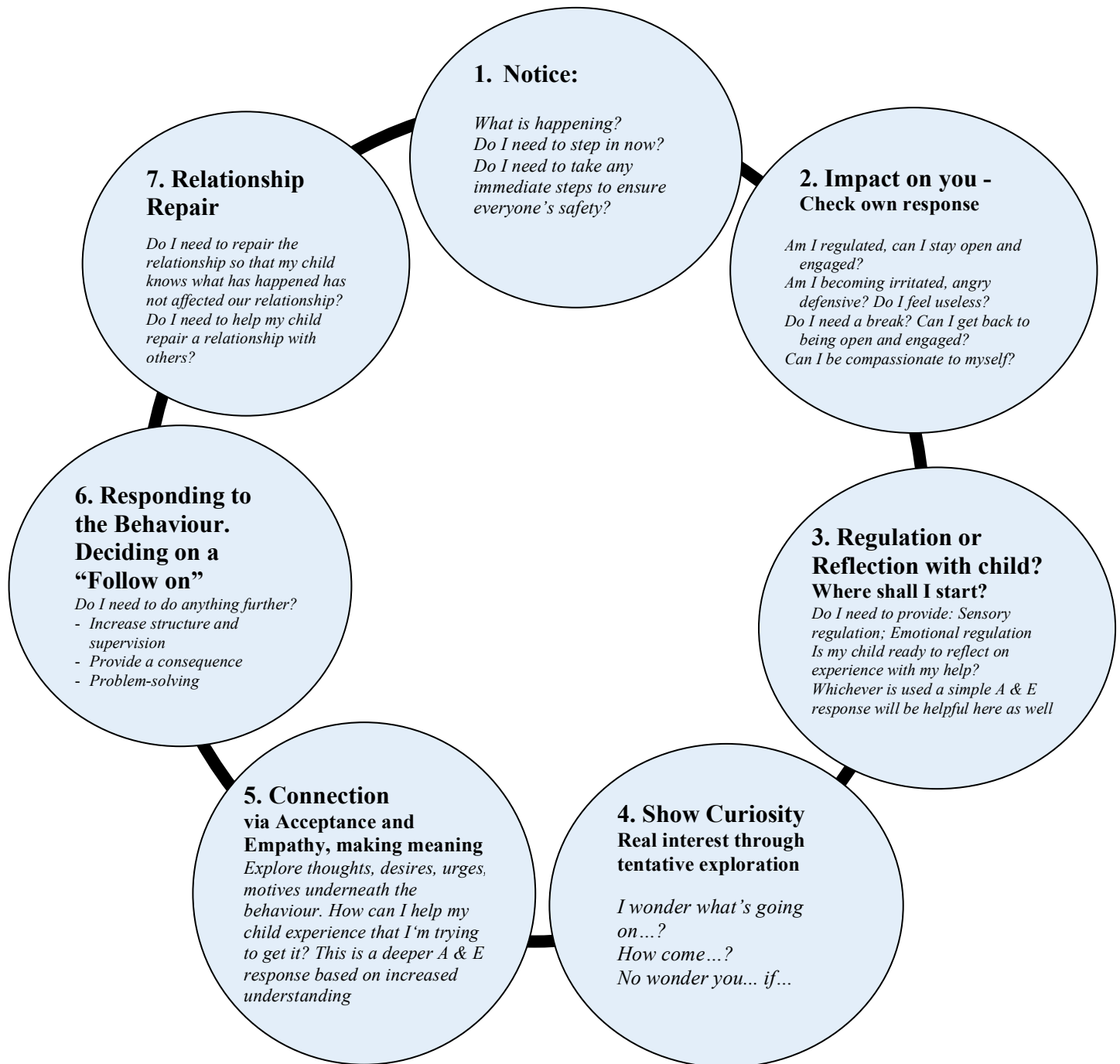
PARENTING IN THE MOMENT¹.

Connection first before responding to behaviour

All with an attitude and atmosphere of PACE

“Two Hands” but always together

This cycle demonstrates some steps that can be helpful to take when parenting a child. By keeping these steps in mind it can be easier to stay open and engaged with the child rather than becoming irritated or defensive within parenting. This in turn helps to make an emotional connection with the child before providing a response to his behaviour. So easy to say and so hard to do. When a parent does this, their child is more likely to experience acceptance of who they are underneath their outward behaviour alongside experiencing the safety that a combination of empathic boundaries and discipline can provide.



¹ Kim would like to acknowledge staff at Clover Childcare, Norfolk for help developing this .