



## Safety Plan

Name of Young Person:

Date:

**What** are the Harmful Sexual Behaviours displayed by the Young Person

**When** do the behaviours mostly occur

**Where** do the behaviours mostly occur

**Why** do we think the behaviours occur

**How** to manage the risk and respond

All behaviour has a function. Normal sexual behaviour (green) present opportunities for discussions about healthy sexuality and respectful relationships. *Refer to Traffic Light tool overleaf.*

If observed --> Name the behaviour as not okay (without labelling young person) and provide alternatives (redirect).

**Who** needs to be aware of this plan

**Review** (atleast 6 weekly):



**Normative Sexual Behaviours**

Developmentally expected and socially acceptable  
Spontaneous, curious and able to be redirected  
Consensual, mutual and reciprocal

- Greater need for privacy
- Masturbation in private
- Desire to know more about sexuality
- Use of sexual language
- Girlfriend or boyfriend relationships
- Hugging/kissing with known peers
- Exhibitionism with same age peers during play eg. flashing or mooring
- Use of technology to connect with known peers

**LOW RISK**

- Need for privacy
- Masturbation in private
- Seeking information about sexuality
- Viewing material for sexual arousal
- Sexually explicit mutual conversations and or use of humour and obscenities with peers
- Relationship with same or other sex
- Consensual sexual activity with same-aged partner
- Use of technology to connect with peers

10-13 Years

14-17 Years

**Problematic Sexual Behaviour**

Developmentally unusual and socially unexpected  
Persistence and compulsivity  
Unequal power dynamics and consent issues

- Prioritising masturbation over other activities, in public or causing self-injury
- Persistent explicit talk, act or play which is sexual or sexually intimidating
- Accessing age restricted materials with sexually explicit content (pornography)
- Firting behaviours not expected for age and seeking relationships with older children or adults
- Sexual activity with an unknown peer
- Intimate sexual activity with known peer of similar age
- Use of technology to connect with unknown people and sharing private details

**MODERATE RISK**

- Sexual preoccupation impacting on daily life
- Spying on others who are nude or engaging in sexual activity
- Explicit communication that is obscene or sexually intimidating
- Repeated exposure of private parts to peers
- Unsafe sexual practices including unprotected sex and multiple partners.
- Presence of STI or unplanned pregnancy
- Intimate sexual activity with a partner who is more than two years age difference or with difference in development
- Arranging meetings with unknown people met online
- Using technology to send or receive sexual images of another person with their consent

10-13 Years

14-17 Years

**Abusive and Violent Sexual Behaviour**

Excessive and compulsive with use of force  
Significant power imbalance  
Use of Coercion, threats and manipulation

- Compulsive masturbation resulting in self-harm and voyeurism
- Engaging others in sexual acts by using grooming techniques
- Forcing or coercing others into sexual activity
- Intimate sexual activity with a person of different age or with different developmental ability
- Presence of STI or unplanned pregnancy
- Sending and/or publishing sexual images of self and others
- Arranging meetings with unknown people met online
- Sexual contact with animals
- Sexual activity in exchange for money or goods
- Possessing accessing or sending child exploitation material

**HIGH RISK**

- Compulsive masturbation resulting in self-harm and voyeurism
- Preoccupation with sexually aggressive and/or illegal pornography
- Intimate sexual activity with a partner who is more than two years age difference or with significant difference in development
- Engaging others in sexual acts by using grooming techniques
- Sending and/or publishing sexual images of self and others without their consent
- Arranging meetings with unknown people met online
- Sexual contact with animals
- Sexual activity in exchange for money or goods, accommodation, drugs or alcohol
- Forcing or manipulating others into sexual activity
- Possessing accessing or sending child exploitation material