

Supporting children and young people with FASD to succeed

Questions to help us think about how we can help:

What is the task or expectation the young person is expected to do (and failing at/'refusing' to do)?

What does the brain— anyone's brain— have to be able to do to successfully complete that task or meet that expectation?

What do you know about what the young person is able to do and what they struggle with? Do they have the skills they need for the task?

How old is the young person developmentally (which might be different than their chronological age)?

What are the challenging behaviours you see in this environment or with this situation?

What are the young person's strengths and interests?

Based on all the information gathered from the above questions, what do we need to do and how can we help this child or young person succeed?