

Domains	Domain Explanation	Translated into needs statements
Staged	The brain develops sequentially. Sophisticated functions only emerge after basic functions are consolidated. We should resource children in line with what their developing brain's need.	Children's brains need support to grow and learn <i>My brain grows upwards step by step</i>
Predictable	Uncertainty and unpredictability can disrupt emotional wellbeing and threaten social competence. Strategies which promote stability and familiarity enhance social and emotional wellbeing.	Children need to know what they can count on <i>I feel better when I know what is coming next.</i>
Adaptive	Familiar behavioural routines are more likely to be enacted in response to life challenges than new ones. Familiar routines may not always be constructive. Strategies which promote adaptability in children's behavioural routines are ones that meet children creatively with multiple options for intervention.	Children need support to grow up healthy and strong <i>There are things I need to grow up healthy and strong.</i>
Connected	Children's internal maps for forming, maintaining and being in relationships are affected by their experiences of relationships throughout their lives. Negotiating relationships at school can be a source of stress when children have found them hard or unsafe in the past. Relationship with safe and consistent adults and peers form the foundation for change.	Children need to feel like they are connected. <i>I need to feel like I am connected.</i>
		Children need to feel safe and know about what makes a safe connection. <i>I need to feel safe.</i> <i>I need safe connections in my life.</i>
Enabled	All children can benefit from engaging in the process of understanding themselves more deeply. The capacity to identify feelings and learn how they relate to the body, thoughts, and behaviours is a worthwhile life skill. Learning to communicate feelings with each other enriches social cohesion. Making sense of our stories helps us to build coherent identities over time.	Children need to know more about what makes them who they are. <i>I grow stronger as I learn more about what makes me, me.</i>