

ADVENTURES IN NATURE

IDEAS FOR DAY TIME WALKING EXPLORATIONS



TRADITIONAL CUSTODIANS

As you set off on your walk you might want to talk about how you are on the land of first nations people that have shared a connection with this place for tens of thousands of years. How amazing is that! Do you know who the Traditional Custodians of your area are? Here are some websites that might give you a hand to find out if you aren't sure- <https://aiatsis.gov.au/whose-country> and <https://aiatsis.gov.au/explore/map-indigenous-australia>

FEATHERED FRIENDS

Look out for birds on your walk. Do you know much about the birds that live in your local area? What bird songs do you know? Visit Birdlife Australia <https://birdlife.org.au/> to learn more about common birds in your area. You might also like to take part in the annual Aussie Backyard Bird Count, a citizen science event which happens every October.

MICRO CREATURES

Keep your eyes out for any tiny creatures you might see on your walk. They might fly by or move along the ground or be hiding in secret crevices as they notice some big giant's feet approaching. I wonder what the littlest of creatures might be doing with their day as we notice them? Are they hunting for food or looking for shelter or on their way to visit a friend? Are they part of a group or on their own? How do they move from place to place? Can we follow their trail/s?

TREE TIME

Pick a big tree and sit at the base of it and look up into its branches. What animals might live in this tree? Can you see any? Close your eyes and listen to the sounds of the tree. Feel how the tree supports your back and touch its bark with your hands. What smells are you aware of as you sit by the tree? How long do you think this tree has been alive? What change has it seen happen around it in its lifetime?

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FROG SONGS

Do you have any frogs around where you live? There are many species across Australia. Learn about frogs or take part in some citizen science counting frogs in Australia's biggest frog count- www.frogid.net.au

ANIMAL DETECTIVE- FOLLOW THE TRAIL

Can you spy any signs that animals might have been here recently? Footprints, trails, dropped feathers or skin or animal poo. Be an animal detective and see if you can identify any animals that might have been past recently. Take photos of the evidence as you investigate how many different animals you think you have detected.

CLOUD WATCHING

Look up at the clouds. Sometimes they move into familiar shapes that you can talk about together. Check out this fun instagram account that might inspire your own cloud shaping imagination- 'adailycloud'

SUN RISE OR SUN SET

In her book 'Wild' Cheryl Strayed reminds us that we can choose to put ourselves in the way of beauty everyday- 'There's always a sunrise and always a sunset and it's up to you to choose to be there for it.' Which one would suit you more to put yourself in front of today, sun rise or sun set? Maybe you could take a photo each time you put yourselves in the way of a sun-rise, sun-set or other natural wonder?