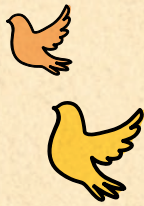




# More Quotes to Inspire and Sustain

'How we are seen can literally call parts of us into existence and shape new selves in the image of the one seeing us.'

Bonnie Badenoch



'Courage is not a value. Courage is an activator of values.'

Cindy Blackstock



'As we listen to each other, we learn together, and grow stronger together.'

Judy Atkinson



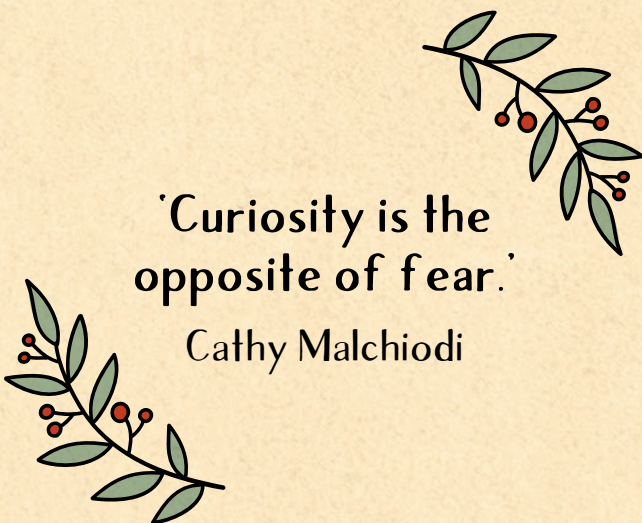
'The smallest things can make a difference if repeated over lots of times.'

Marilyn Davillier



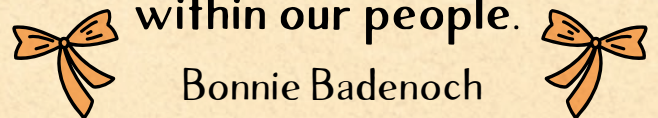
'Curiosity is the opposite of fear.'

Cathy Malchiodi



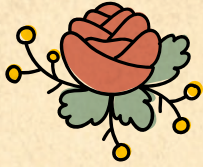
'I wonder if it is possible for us to begin to let go of our expectations about the shape in which healing may arrive, to trust the treatment plan lying dormant and waiting within our people.'

Bonnie Badenoch





# More Quotes to Inspire and Sustain

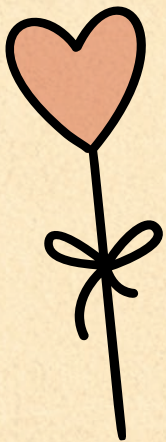


'What we are doing is helping people feel safe so they can grow.'

Lou Cozolino

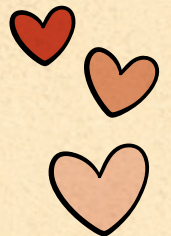
'Conversations represent a meeting of minds and hearts, a joining together for developing reciprocal interests and discovering delightful, engaging qualities in each other.'

Dan Hughes



'Integration made visible is kindness and compassion.'

Dan Siegel



Add your own quotes in the blank squares. Cut out or photograph the ones that hold meaning for you.