

# Safety Plan

Name of Young Person:

Date:

**What** are the Harmful Sexual Behaviours displayed by the Young Person

**When** do the behaviours mostly occur

**Where** do the behaviours mostly occur

**Why** do we think the behaviours occur

**How** to manage the risk and respond

All behaviour has a function. Normal sexual behaviour (green) present opportunities for discussions about healthy sexuality and respectful relationships. *Refer to Traffic Light tool overleaf.*

If observed --> Name the behaviour as not okay (without labelling young person) and provide alternatives (redirect).

**Who** needs to be aware of this plan

**Review** (atleast 6 weekly):

# Traffic Light Tool – Assessing Sexual Behaviours

## Normative Sexual Behaviours

Developmentally expected and socially acceptable

Spontaneous, curious and able to be redirected

Consensual, mutual and reciprocal

Greater need for privacy

Masturbation in private

Desire to know more about sexuality

Use of sexual language

Girlfriend or boyfriend relationships

Hugging/kissing with known peers

Exhibitionism with same age peers during play eg. flashing or mooning

Use of technology to connect with known peers

### LOW RISK

Need for privacy

Masturbation in private

Seeking information about sexuality

Viewing material for sexual arousal

Sexually explicit mutual conversations and or use of humour and obscenities with peers

Relationship with same or other sex

Consensual sexual activity with same-aged partner

Use of technology to connect with peers

10-13 Years

14-17 Years

## Problematic Sexual Behaviour

Developmentally unusual and socially unexpected

Persistence and compulsivity

Unequal power dynamics and consent issues

Prioritising masturbation over other activities, in public or causing self-injury

Persistent explicit talk, act or play which is sexual or sexually intimidating

Accessing age restricted materials with sexually explicit content (pornography)

Flirting behaviours not expected for age and seeking relationships with older children or adults

Sexual activity with an unknown peer

Intimate sexual activity with known peer of similar age

Use of technology to connect with unknown people and sharing private details

### MODERATE RISK

Sexual preoccupation impacting on daily life

Spying on others who are nude or engaging in sexual activity

Explicit communication that is obscene or sexually intimidating

Repeated exposure of private parts to peers

Unsafe sexual practices including unprotected sex and multiple partners.

Presence of STI or unplanned pregnancy

Intimate sexual activity with a partner who is more than two years age difference or with difference in development

Arranging meetings with unknown people met online

Using technology to send or receive sexual images of another person with their consent

10-13 Years

14-17 Years

## Abusive and Violent Sexual Behaviour

Excessive and compulsive with use of force

Significant power imbalance

Use of Coercion, threats and manipulation

Compulsive masturbation resulting in self-harm and voyeurism

Engaging others in sexual acts by using grooming techniques

Forcing or coercing others into sexual activity

Intimate sexual activity with a person of different age or with different developmental ability

Presence of STI or unplanned pregnancy

Sending and/or publishing sexual images of self and others

Arranging meetings with unknown people met online

Sexual contact with animals

Sexual activity in exchange for money or goods

Possessing accessing or sending child exploitation material

### HIGH RISK

Compulsive masturbation resulting in self-harm and voyeurism

Preoccupation with sexually aggressive and/or illegal pornography

Intimate sexual activity with a partner who is more than two years age difference or with significant difference in development

Engaging others in sexual acts by using grooming techniques

Sending and/or publishing sexual images of self and others without their consent

Arranging meetings with unknown people met online

Sexual contact with animals

Sexual activity in exchange for money or goods, accommodation, drugs or alcohol

Forcing or manipulating others into sexual activity

Possessing accessing or sending child exploitation material