Relationship Snakes and Ladders



Welcome to ACF's version of Snakes and Ladders. By playing this game together it is hoped you might find out more about each other and learn more about your relationship together.

You will need a dice and a couple of coins or objects to act as counters.

As you play the game you need to respond to the questions in the spaces that you land on.

After the game

When you finish the game, you might like to talk about the snakes (ups) and ladders (downs) you have experienced in your relationship together.

A ladder represents a time when you felt supported or lifted-up in your relationship. Could you share a time when it felt like this?

A snake represents a time when it felt hard in your relationship. Could you share a time when it felt like this?

 Λ key idea that could be taken from this game is that there are some snakes and some ladders in the course of all relationships. That is just the way they are.



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