



Professional learning and training brochure

April-June 2025



Australian
Childhood
Foundation

Why learn with us?

The importance of professional learning

Ongoing professional learning is essential for building the knowledge and skills needed to create meaningful change for children and young people. It ensures that professionals can apply the latest research, insights, and best practices within their unique roles and contexts.

At Australian Childhood Foundation (the Foundation), we are committed to equipping professionals with the tools and strategies needed to address the trauma of abuse, exploitation, and neglect.

For over 30 years, we have provided high-quality training across diverse fields, including child protection, out-of-home care, family violence, education, and youth justice. We mobilise knowledge in evidence-based, practical ways, ensuring professionals can better support the children and young people in their care.

We aim to be a trusted thought leader, fostering a professional learning community that is generous, collaborative, and driven by real-world impact. All profits from our training courses are invested back into services that support children and young people to heal from trauma.

What Makes Our Training Different?

Our workshops, courses, and resources are shaped by:

✓ **Decades of frontline practice**

informed by our therapeutic programs and direct work with children, carers, and professionals.

✓ **Australian and international research**

integrating neuroscience, trauma-informed practice, and child development into an Australian context.

✓ **Collaborations with leading experts**

ensuring training is innovative, relevant, and grounded in evidence.

✓ **Lived experience and cultural wisdom**

embedding co-designed initiatives that amplify the voices of children and young people.

Why Train with Us?

At the Foundation, we believe in more than just delivering training – we believe in advocating for children’s rights to safety, healing, and care.

We stand by the principle that love is an action – a daily commitment to fostering positive, supportive relationships that keep children safe and help them heal.

Our training isn’t just theoretical – it’s deeply practical. We don’t just teach best practices – we live them every day through our therapeutic programs and direct support work.

When you train with the Foundation, you’re learning from practitioners who work alongside children, carers, and systems of care every day. Join us in shaping a future where every child feels safe, supported, and empowered to heal.



Explore our learning streams

We offer a wide range of training designed for professionals, carers, and practitioners supporting children and young people.

Our learning pathways include trauma-informed practice, safeguarding, youth justice, and out-of-home care – ensuring you have the knowledge and skills to make a real difference.

We are also implementing the CHC40521 Certificate IV in Youth Justice in Tasmania, the Northern Territory, and Canberra, supporting frontline professionals working with young people in the justice system.

This qualification equips workers with skills to support diversion, rehabilitation, and trauma-informed care within youth justice settings. Find out more about our Registered Training Organisation (22094) [here](#).

In addition to the courses on the following pages, we can also customise unique learning packages for your organisation. [Enquire here](#).


Explore our non-accredited courses by theme below.

1. Trauma & Neurobiology: Understanding the Impact

Focusing on the neurobiological impacts of trauma on development and attachment.

Understanding the Neurobiology of Complex Trauma


Examines how trauma impacts brain development and functioning.


 Virtual Classroom | 29, 30-Apr-25 & 4, 5-Jun-25

 [Registration](#)

Understanding the Interplay Between Neurobiology, Attachment, Trauma, and Mental Health


Connects trauma, attachment theory, and mental health.


 Virtual Classroom | 15-May-25

 [Registration](#)

Movement and Brain Development


Explores how movement supports brain development and trauma recovery.


 Virtual Classroom | 1-May-25

 [Registration](#)

Attuning to the Sensory Needs of Children and Young People in Care

Helps professionals understand and respond to sensory processing needs.

 Virtual Classroom | 2-Apr-25

 [Registration](#)




Explore our learning streams

2. Supporting the Healing of trauma in the Early Years

Training for early childhood educators and other professionals working with young children.

Healing Relational Trauma Through Play


Understanding the role of play in supporting children affected by relational trauma.

 Virtual Classroom | 8-May-25

 [Registration](#)

Understanding Relational Trauma in the Early Years

Exploring the impact of relational trauma on the child's growth and development.

 Virtual Classroom | 23-May-25


 [Registration](#)


3. Working with Children and Young People with a Therapeutic Focus

Workshops to support professionals working with children and young people.

Trauma Transformative Practice with Children


Examines new concepts and practice implications in work with children.


 Virtual Classroom | 15-Apr-25 & 28-May-25

 [Registration](#)

Trauma Transformative Practice with Families

Examines new concepts and practice implications for working with families.


 Virtual Classroom | 1-Apr-25, 14-May-25 & 18-Jun-25

 [Registration](#)

Supporting Children and Young People to Heal from the Trauma of Family Violence


Examines a trauma-informed approach to supporting children and young people after family violence.


 Virtual Classroom | 29-May-25

 [Registration](#)

Therapeutic Dolls for Trauma Responsive Practice with Children

Explore how the dolls as therapeutic tools can support children's recovery.

 Virtual Classroom | 7-May-25

 [Registration](#)




Explore our learning streams

4. Supporting Young People in Out-of-Home Care

Training for practitioners, carers, and teams working in out-of-home care.

Let's Talk: Pornography, consent, and young people's sexual development


Supporting young people in out-of-home care with issues around pornography, consent, and healthy relationships.

 Virtual Classroom | 26-Jun-25

 [Registration](#)

Safe and Connected: Supporting online safety for children and young people in out-of-home care


Build confidence and practical skills to support young people in navigating the online world safely and with agency.


 Virtual Classroom | 15-Apr-25

 [Registration](#)

Consent Conversations: Supporting young people to safely navigate affirmative consent


Exploring how trauma impacts young people's understanding of affirmative consent in relationships.


 Virtual Classroom | 21-May-25

 [Registration](#)

Blocked Care

Identifying and addressing the emotional barriers that impact carers' ability to connect.


 Virtual Classroom | 6-May-25

 [Registration](#)

Trauma-Informed Supervision

Developing reflective and trauma-aware supervision practices for carers and professionals.

 Virtual Classroom | 23-Apr-25 & 10-Jun-25

 [Registration](#)


Explore our learning streams

5. Bringing Up Great Kids (BUGK) Program


Programs to support parents, carers, and professionals working with families.

BUGK Foundational Training

Facilitating respectful, reflective and effective parenting groups.


 Virtual Classroom & Face-to-Face |


Multiple Dates

 [Registration](#)

BUGK in the First 1000 Days


Supporting healthy attachment and development in a child's early life.


 Virtual Classroom | 22-May-25

 [Registration](#)

BUGK Parenting Adolescents


Tailored for parents navigating adolescence.


 Virtual Classroom | 11-Jul-25

 [Registration](#)

BUGK Parenting After Family Violence


Helping parents re-establish positive relationships after family violence.


 Virtual Classroom | 30-Apr-25

 [Registration](#)

BUGK for Kinship & Foster Carers


Supporting kinship and foster carer families to develop stronger relationships with the children under their care.


 Virtual Classroom | 18-Jun-25

 [Registration](#)

BUGK for Aboriginal and Torres Strait Islander Families

Facilitate a BUGK parenting group tailored for Aboriginal and Torres Strait Islander families.

 Virtual Classroom | 13-Jun-25


 [Registration](#)


6. Safeguarding Children and Young People

Courses focused on Safeguarding practice, risk & compliance, organisational culture, and Governance.

Understanding and embedding the National Principles for Child Safe Organisations


Empowering participants to understand and embed the National Principles for Child Safe Organisations in their organisation.


 Virtual Classroom | 29-Apr-25

 [Registration](#)


Understanding and embedding the Victorian Child Safe Standards and the Reportable Conduct Scheme

Empowering participants to understand and embed the Victorian Child Safe Standards in their organisation

 Face-to-Face | 19-Jun-25

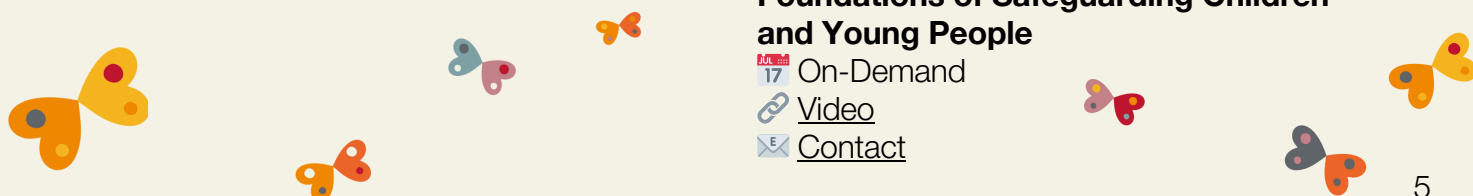
 [Registration](#)

Foundations of Safeguarding Children and Young People

 On-Demand

 [Video](#)

 [Contact](#)




Explore our learning streams

7. Specialised Training for Residential, Foster, and Kinship Care

Advanced training for carers working in residential care or kinship/foster settings.

Kinship carer on-demand training: Ordinary People, Extraordinary Hearts


Support kinship carers in creating healing environments for children and young people.

 On-Demand

 [Registration](#)

Foster carer on-demand training: Ordinary People, Extraordinary Hearts


Support foster carers in creating healing environments for children and young people.

 On-Demand

 [Registration](#)

Foundational Training in Intensive Therapeutic Care


Be equipped with a shared language and understanding to effectively support young people with complex needs in residential care.


 On-Demand

 [Registration](#)

Responding to Child Sexual Exploitation (CSE)

Be equipped with the knowledge and strategies needed to prevent, identify, and respond to child sexual exploitation.

 On-Demand


 [Registration](#)


8. Professional Wellbeing and Ethical Practice

Training designed to support professionals' wellbeing and ethical decision-making.

Creating Space for Self-Care


Reflect on presentations of vicarious trauma and compassion fatigue, and how your work and care of others impacts you.


 Virtual Classroom | 14-May-25

 [Registration](#)

Neurobiology of Professional Wellbeing

A practical and experiential exploration of professional wellbeing.

 Virtual Classroom | 24-Jun-25

 [Registration](#)



Calendar view

April

SUN	MON	TUE	WED	THU	FRI	SAT
		01 Trauma Transformative Practice with Families	02 Attuning to the Sensory Needs of Children and Young People in Care	03	04	05
06	07	08	09	10	11	12
13	14	15 Trauma Transformative Practice with Children Safe and Connected: Supporting online safety for children and young people in out-of-home care	16	17	18	19
20	21	22	23 Trauma-Informed Supervision	24	25	26
27	28	29 Understanding and embedding the National Principles for Child Safe Organisations Understanding the Neurobiology of Complex Trauma	30 BUGK Parenting After Family Violence Understanding the Neurobiology of Complex Trauma			

Legend:

Trauma & Neurobiology: Understanding the Impact
Supporting the Healing of trauma in the Early Years
Working with Children and Young People with a Therapeutic Focus
Supporting Young People in Out-of-Home Care
Bringing Up Great Kids (BUGK) Programs
Safeguarding Children and Young People
Specialised Training for Residential, Foster and Kinship Care
Professional Wellbeing and Ethical Practice

May

SUN	MON	TUE	WED	THU	FRI	SAT
				01 Movement and Brain Development	02	03
04	05	06 Blocked Care	07 Therapeutic Dolls for Trauma Responsive Practice with Children	08 Healing Relational Trauma Through Play	09	10
11	12	13	14 Creating Space for Self-Care Trauma Transformative Practice with Families	15 Understanding the Interplay Between Neurobiology, Attachment, Trauma, and Mental Health	16 BUGK Foundational Training	17
18	19 BUGK Foundational Training	20	21 Consent Conversations: Supporting young people to safely navigate affirmative consent	22 BUGK in the First 1000 Days	23 Understanding Relational Trauma in the Early Years	24
25	26	27	28 Trauma Transformative Practice with Children	29 Supporting Children and Young People to Heal from the Trauma of Family Violence	30	31

June

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04 Understanding the Neurobiology of Complex Trauma	05 Understanding the Neurobiology of Complex Trauma	06	07
08	09	10 Trauma-Informed Supervision	11	12	13 BUGK for Aboriginal and Torres Strait Islander Families	14
15	16	17	18 BUGK for Kinship & Foster Carers Trauma Transformative Practice with Families	19 Understanding and embedding the Victorian Child Safe Standards and the Reportable Conduct Scheme	20	21
22	23	24 Neurobiology of Professional Wellbeing	25	26 Let's Talk: Pornography, consent, and young people's sexual development	27	28
29	30					